

# the newham mag

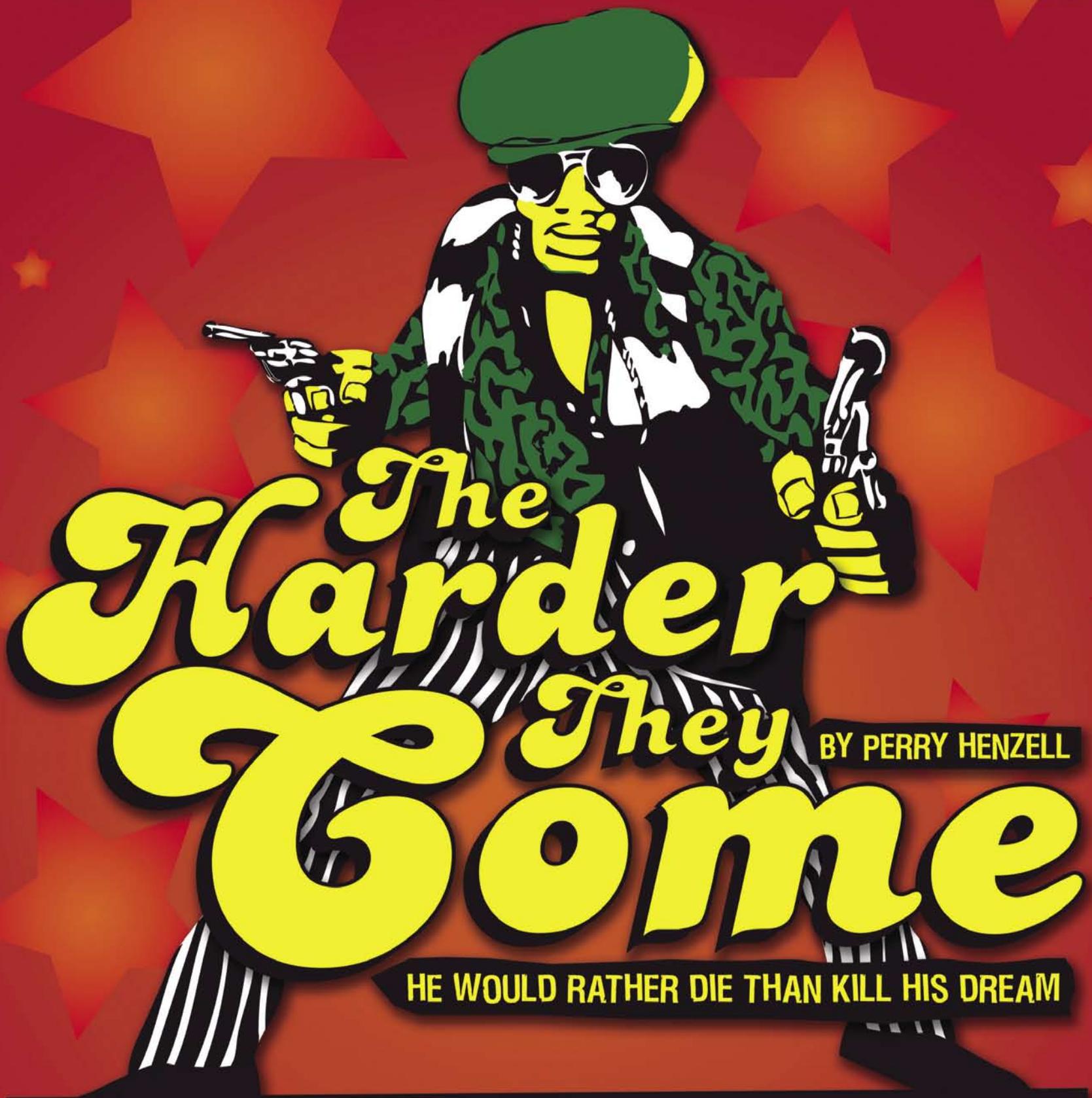
ISSUE 13

27 JAN 2007



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# the newham mag



Welcome to issue 113 of the Newham Mag.

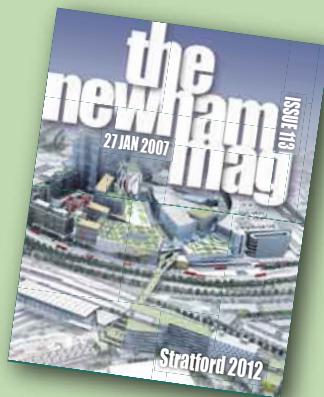
On page eight you can have a sneak preview of what the massive Stratford City complex might look like and on page nine there's all you need to know about the ice rink coming to the borough

next month. In Working Lives, Colin Greenslade tells us how he keeps his small business thriving in East Ham despite cheaper competition, and his fascination with all things Betty Boop.

I hope you enjoy the magazine.

Jen

**On the cover:**  
A first look at what  
the future holds for Stratford



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Look out for the next issue from February 10

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By 2010, Newham will be a major business location and a place where people will choose to live and work



## In brief...

### Second university comes to Newham

Birkbeck, University of London has been awarded £5m by the Higher Education Funding Council for England (HEFCE) to bring its flexible, evening teaching provision to East London, which has the lowest higher education participation levels in the London region. Birkbeck will work closely with the University of East London (UEL), which enjoys excellent local partnerships and is recognised as a leader in the area of widening participation. For further information visit [www.bbk.ac.uk](http://www.bbk.ac.uk)

### Newham Children's Information Service (CIS)

In addition to providing childcare provision information, the CIS gives information on leisure activities, local services/facilities for children, family support services, tax credits, childcare job vacancies and training to work in childcare. The CIS also offers information and guidance for those wishing to set up early years provision. For more information, call free on 0800 074 1017 or email [cis@newham.gov.uk](mailto:cis@newham.gov.uk)

### Find out about energy efficiency

Newham residents can find out more about energy efficiency by calling the team at East London Warm Zone on 0800 389 7286. The Warm Zone can provide information on energy efficiency measures as well as the many grants available to help households in Newham install insulation and efficient central heating systems. These grants are available through both national Government initiatives and local schemes and can even cover up to 100 per cent of the cost of installing certain measures.

### ►►► Mayor accuses Thames over water burst

Newham Mayor Sir Robin Wales has accused Thames Water of putting profit before Newham people.

His attack comes after nearly 600 homes in Beckton had their gas supply interrupted this month, when water from a burst main got into the gas supply.

In a letter to affected properties, Thames Water told residents that they will need to pay out of their own pockets should they need to call in private contractors to clear water from their gas pipes and appliances. It adds that reimbursement for "reasonable claims for damage" will be considered once residents have supplied paid receipts for the work carried out.

After discovering Thames' lack of action, the Mayor sent council workers to complete the work for free for those residents who needed help.



### Top marks for council spending

Newham Council's financial management has been awarded top marks by the Audit Commission, the independent body responsible for making sure that public money is well spent.

In the annual report on how local authorities made use of their resources during 2006, Newham scored the maximum four points, a one point increase on the previous year. Fewer than one in ten of the 150 local authorities assessed received four points. In London, only Newham, Kensington and Chelsea, Wandsworth and the City of London gained top marks.

Sir Robin Wales, Mayor of Newham, says: "We are delighted to receive this endorsement of the sound financial housekeeping that the council is maintaining. I have always said it is of the utmost importance to keep council tax increases as low as possible and to give residents the best possible value for money."

### Secondary school pupils still improving

The percentage of Newham's 15 year olds who have achieved five or more GCSE or equivalent exam passes at grades A\*-to-C has risen for the third year running.

Figures for 2006 published by the Department for Education and Skills (DfES) revealed that 52.8 per cent of secondary school pupils achieved the figure - an increase of 1.7 per cent from 2005 and up seven from 2003.

The achievement tables also show that 93.9 per cent of Newham's pupils achieved five or more GCSE or equivalent passes at grades A\*-to-G, which is higher than the national average.

Newham has three schools in the top five per cent nationally for 2006. They are St Angela's and St Bonaventure's in Forest Gate and East Ham's Plashet School.

# News



## Free environmental business briefing and networking lunch

Local companies in Newham and Tower Hamlets are invited to a free networking lunch to learn about the latest cost-effective measures to help reduce their business' environmental impact.

Business Junction, the independent business network, is giving you a unique chance to network whilst hearing the best practical ways for companies to increase their green credentials.

The lunch and seminar take place on Thursday 1 February at The Restaurant Upstairs at The King Eddie (the King Edward VII pub) on Stratford Broadway.

Numbers are limited and it is strictly one person per business. For more details and to book your space, visit [www.businessjunction.co.uk/environment](http://www.businessjunction.co.uk/environment)



## Mayor switches on Pongal lights

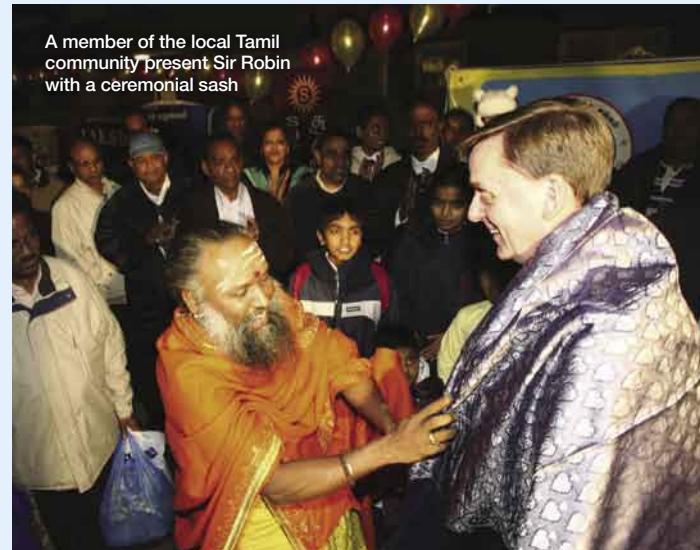
Mayor Sir Robin Wales celebrated with Newham's Tamil communities when he switched on decorative lights to herald the start of the Pongal festival.

The ceremony took place in High Street North, Manor Park.

Pongal is a four-day festival that gives thanks to the elements of nature that help man and offers hopes of a fresh new beginning for the coming year.

The start of Pongal is popularly known as International Tamil Day.

The Mayor, together with Councillor Paul Sathianesan, who helped organise the celebration, was presented with ceremonial beads and sashes.



## Divine inspiration for schoolchildren



The borough's religious diversity was celebrated with a lively display of children's art inspired by the borough's Visit a Place of Worship event.

Last November, Newham's churches, mosques, Gurdwaras and temples opened their doors to young people to give them an insight into the many faiths practised in the borough.

On display at the Credon Centre, Plaistow were sculptures and designs, stories, pictures and photographs that

illustrated the children's experiences and explained what they had learnt from them.

The event was organised by the Standing Advisory Council on Religious Education (SACRE), the forum which advises and assists schools on worship and Religious Education, along with Newham Council's Religious Education Advisor and the Newham Voluntary Sector Consortium (NVSC).

# My view

With Mayor Sir Robin Wales



## Young People in our Community – The Public Perception

**“I’m committed to making sure young people have the best opportunities to succeed and flourish”**

Being one of the few elected Mayors, I am directly accountable to you. It's important that I'm open and accessible for any Newham resident. Following the summer recess, I've increased the times and places where you can meet me to discuss your concerns, issues and suggestions for the borough. To find out more visit my website at [www.newham.gov.uk/mayor](http://www.newham.gov.uk/mayor) or call 020 8430 2107 to find out where I'll be.

As a father of two teenagers I can say first hand that most young people could test anyone's patience. A glance at any newspaper will also tell you that some of the worst crime in this country is committed by youths and that many people feel threatened or intimidated by young people.

But we should remember that young people themselves are often the victims of crime and need protection as well. We shouldn't lose sight of the good that young people bring to our community and the constant talent that emerges from our schools. We should remember that they too have the right to go about their lives feeling safe.

Newham has one of the youngest populations in England, with approximately 37 per cent under the age of 25. Every year we survey our 15 and 16 year olds to find out what they think. They tell us that crime and safety is their biggest worry and that they want to feel safer. They want us to do more to reduce crime in the borough, including

more police, fewer dark alleys and better lighting. There is a perception that Anti-Social Behaviour Orders (ASBOs) and tough measures to prevent youth crime demonise young people. Yet in truth, those measures protect young people and allow them to live, learn and enjoy their lives without worry.

The vast majority of young people are keen to do well and are responsible citizens. Just look at last year's GCSE results – for a ninth year running the percentage of Newham's Year 11s who achieved five or more GCSEs at grades A\*-C increased. And this year the Anti-Social Behaviour hotline reported the quietest summer for youth-related anti-social behaviour. Incidents fell by 19 per cent between 2005/6 and 2006/7.

I'm committed to making sure young people have the best opportunities to succeed and flourish. But they cannot do this if they feel unsafe and I will not flinch from tough measures to curb the behaviour of those who are a threat to the people around them.



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**WIN**

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**MONDAY 12**

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1-3pm	Volleyball
3-4pm	Football

**THURSDAY 15**

11am-1pm	Handball
2-4pm	Volleyball

**TUESDAY 13**

11am-4pm	
Fit Club	
HealthMOTs/Dance USV	

**FRIDAY 16**

11am-1pm	Fencing
2-3pm	Wrestling
3-4pm	Karate

**WEDNESDAY 14**

11am-1pm	Fencing
1-3pm	Boxing
3-4pm	Karate

For further details call  
**020 8430 2484**

# LOOK INTO THE FUTURE

**Here is a first glimpse of what the future could hold for Stratford City.**

In an exciting new development, the masterplan for the first stage of development has just been submitted to the Olympic Delivery Authority by developers Westfield.

Zone 1 will provide retail and leisure facilities as well as more than 1,000 homes. When completed, the Stratford City complex, situated in the area currently known as Stratford rail lands, will consist of 1.25million square metres of shops (similar in size to Bluewater in

Kent), leisure and entertainment venues, offices, hotels and community facilities.

The overall development will create 5,000 new homes. Many of these will start off as part of the Athletes' Village during the 2012 Games, accommodating up to 17,000 athletes and coaches, and be converted to permanent housing afterwards.

The plan is to keep to the highest environmental and sustainable development standards ever enforced on an urban development in Britain.

Sir Robin Wales, Mayor of Newham, says:

"Stratford City Development means an investment of more than £3.5 million for the borough and will bring a number of benefits to local people. It's also key to the delivery of the London Games. I'm pleased to see that the project is progressing and look forward to the extra employment and training opportunities it will bring to the area in the coming years."

Outline planning permission for the Stratford City development was granted in February 2005. The main construction work on Zone 1 is expected to start in Autumn 2007.

An artist's impression of how the first phase of the exciting Stratford City development could look



# Get your skates on in Stratford

Christmas may be over but you haven't missed your chance to go ice skating just yet.

As an Olympic host borough, Newham is keen to encourage residents to try as many new sports and physical activities as possible, and the more fun they are, the better!

An open air rink is coming to Meridian Square, outside Stratford Station, from 3 February to 4 March and there are discounted tickets for Newham residents.

Skating will take place from 10am to 10pm at weekends and during half term week, and from 3pm to 10pm the rest of the time. Sessions last for 45 minutes. Skate hire is included in the price.

Local school children are being given the chance to skate for free during a special three-week programme from 5 February.

## Tickets

### Newham residents

(Please bring proof of your address, library card, gold card or similar)

Adult **£7**

Concessions\* **£4**

*Family tickets*

1 adult, 2 children **£12**

1 adult, 3 children **£15**

2 adults and up to 3 children **£18**

### Visitors

(who live outside the borough)

Adult **£10**

Concessions\* **£7.50**

*Family tickets*

1 adult, 2 children **£20**

1 adult, 3 children **£25**

2 adults and up to 3 children **£30**

\*under 16s, students in full time education, over 60s, blue badge holders – please bring proof, for eg. NUS card, bus pass

Tickets can be purchased at the rink or you can pre-book at [www.newham.com/2012Games](http://www.newham.com/2012Games)



Skaters enjoying the rink when it last came to Stratford in 2005



# Figurines and fancy furniture

Colin Greenslade has been selling Italian furniture and quirky ornaments since 1986. His new premises on Barking Road is crammed full of treasures including a rather large collection of Betty Boop figurines and collectibles.



"I don't know how the Betty Boop thing started," says Colin. "We seemed to get a lot of figurines from old shops, and it just evolved from there."

"Now we've got a whole range of Betty Boop memorabilia, including some quite rare items."

Colin specialises in Italian living room and dining room furniture, as well as the figurines. His shop at 413 Barking Road offers large and small pieces plus mirrors, lamps, paintings and ornaments.

"When I first started in the business English reproduction furniture was the trend," says Colin.

"Then the supplies became really cheap, the quality went down and it went out of fashion. As English furniture phased out, Italian furniture phased in.

"I think it's popular because whereas the English style was plain, for a similar price you can have quite a fancy piece of Italian furniture."

Italian furniture manufacturers also specialise in lamps and small figurines, and it is from here that Colin's collection continues to grow.

"We have all sorts of pieces coming in," says Colin. "Up until recently we always had an old-style black figurine lamp in the window. They are the ones that traditionally stood either side of the huge sweeping staircases you saw in mansions in old movies."

"Originally they were made of ebony but they are usually plaster now. I sold my last one a while ago and wish I hadn't as I haven't been able to find another since."

"Previously we also had juke boxes in the window, and now the Egyptian figures are good at bringing in the passing trade, along with Betty of course."

Like many other small businesses, Colin faces a constant battle against the larger stores. He knows that to keep the customers coming in, small businesses must offer something different to the retail giants.

"It is very much about price with the large stores at the moment," says Colin. "Before now, bigger shops were more expensive and people came to the local retailer for a better deal. It's made the role of the small business very difficult."

"Small businesses can't offer things like interest free credit and

huge discounts so we have to offer a specialised stock with fast delivery, a personal guarantee and much better customer service than in the chains. We've taken windows out to get furniture in to customers' homes before."

Local businesses must also rely on a much smaller customer base than large stores. In a place like East Ham, where the population is constantly changing, shop owners like Colin need to be constantly on the ball to the changing tastes of the area.

"It's more of a mix than ever in East Ham," says Colin. "And everyone has different styles they prefer."

"Eastern Europeans especially like the gold-edged furniture, so just recently we have stocked more of that."

"The good thing about the mix of people in East Ham is that there are a mix of people from different cultures. In British culture, people often won't buy a type of furniture, or even go to the same shop, as a member of their close family."

"However other nationalities will be happy to buy the same item or one very similar, so in that respect it's great for us. If we also provide good customer service we can hope to get lots of future trade through word of mouth."

Despite pressure from big retailers, Colin has continued to buy quality furniture to sell at affordable prices. He relies solely on this quality of his products and services reaching

**"Before now, bigger shops were more expensive and people came to the local retailer for a better deal. It's made the role of the small business very difficult."**

customers via word of mouth to keep the business going. And perhaps a wink from Betty Boop to passing trade.

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Newham Council and the Royal Docks Trust invite voluntary and community organisations, which serve the Docklands area of Newham (south of the A13 Newham Way), to apply for funding.

#### The Royal Docks Trust and Newham Council Joint Programme

Priority will be given to projects that:

- > Enable the community and voluntary sector to provide services contributing directly to the regeneration of the area
- > Include youth work and cultural, sports and leisure activities for children and young people.
- > Benefit older people and present opportunities for improving quality of life
- > Benefit and include work with people with learning difficulties or special needs and disabled people

FOR FURTHER INFORMATION PLEASE CONTACT  
STEPHEN COLLINS ON 0208 430 2433

Application packs can be downloaded from the following websites: [www.newham.gov.uk](http://www.newham.gov.uk) or [www.royaldockstrust.org.uk](http://www.royaldockstrust.org.uk).

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MAKING NEWHAM SAFER

# OUR COMMITMENT IS SECOND TO NONE

Ian Walker, head of Newham's Crime and Anti-Social Behaviour Service

**Ian Walker is the new head of Newham's Crime and Anti-Social Behaviour Service. He is also a member of the Government's Respect Squad, which targets persistent anti-social behaviour around the country. During his 24-year career with Camden Council he made headlines for overseeing the issue of more than 250 Anti-Social Behaviour Orders (ASBOs).**

The orders received negative press recently when it was reported that they are widely regarded as a badge of honour. Ian is quick to refute this: "I think the argument is nonsense," he says. "It was a comment made by one mother but I have sat through hundreds of ASBO hearings and my experience is that even hardened drug dealers don't like to get them. Strange though it may seem, they don't want the negative image within the community."

Another criticism of ASBOs is that they criminalise young people. Ian points out that in Newham, ASBOs are only applied for where there is persistent

offending and youngsters have not taken up the opportunities to change offered by the Chance scheme\*. He adds: "The victims of youth offending are usually other young people who need the protection ASBOs offer."

He is very enthusiastic about diversionary work but he says: "There has to come a time if a line is crossed when we say that is unacceptable to the local community and we will do all we can to protect them. Our strategy does not have to be all stick or all carrot, there is a place for both."

He is keen to build on existing communication between residents and the council and encourage them to keep calling the anti-social behaviour hotline. "We may not respond instantly to every call, but they are all logged, so if we receive a lot about one problem, that will become a priority. And people should know that whilst it is better if they can give court evidence in person, it can be done anonymously."

He says he has rarely seen such a high level of commitment and support provided



by a police force to any council as there is in Newham, and he is equally impressed with his new team. "All our staff, from the Parks Constabulary to our CCTV operators, are a fantastic asset."

**"I can definitely say that in Newham there is more commitment and more resources to address problems than in any other London borough."**

He was drawn to his new job by an advert which said that Newham is putting its money where its mouth is in fighting anti-social behaviour. "I have only been here a short time but I can definitely say that in Newham there is more commitment and there are more resources to address problems than in any other London borough."

\*Turn the page for more information on the Chance scheme



TO REPORT ANTI-SOCIAL BEHAVIOUR, CALL NEWHAM'S 24-HOUR HOTLINE **0800 731 3300**



MAKING NEWHAM SAFER

# CHANCE TO MAKE THINGS BETTER

**Tackling anti-social behaviour relies on co-operation between many different professionals. This can sometimes mean the left hand not knowing what the right is doing. Newham Council, with the help of the Metropolitan Police's lead officer on anti-social behaviour, has created a new way of working to step up the fight against crime and disorder in the borough.**

In essence, the Chance scheme enables all professional groups and individuals concerned with anti-social behaviour to share information on a single email system, making it less likely that cases will slip through the net. Plus, when action is taken by one agency, all the others can know about it.

Sharing information may seem like an obvious idea, but Newham is the first

borough to come up with such a scheme, which has generated huge interest from other local authorities and police forces.

"The simple ideas are often the best," says Sangeeta Bhushi, youth crime manager with Newham's Crime and Anti-Social Behaviour (C&ASB) Service. "What we want is a safe, pleasant environment for everyone. To achieve that we need to give young people the opportunity to understand how their behaviour affects others, and to change that behaviour. For the few who are not prepared to make changes, we keep taking action, and agencies can do that more effectively by linking up with each other."

If a youngster's anti-social behaviour comes to the attention of the police, the council's C&ASB Service, education welfare officers, the Youth Offending Team, or housing association officers, the

agency emails Chance with the details. The mailbox is monitored daily by C&ASB staff. If the young person has been pulled up for any previous anti-social behaviour, staff will reply giving details of any other agencies who have dealt with the youngster, and any action that may have already been taken. The next response will take previous incidents into account and the next steps taken will be recorded with Chance, to avoid any duplication.

Standardised first and second warning letters may be sent to the youngster and their parent or carer. If the problems continue, an Acceptable Behaviour Contract Plus (ABC+) may be issued, which requires the young person to stop behaving badly and to attend sessions where they are encouraged to think about the effects of their behaviour. Further support is provided by the Youth Inclusion

Laura Timms of the Youth Offending Team and youth crime manager Sangeeta Bhui, who helped create the Chance scheme



Support Panel to encourage youngsters back into education, training and employment. If there is still no improvement, the case may be referred to the ASB panel.

Sangeeta says that in many cases, getting young people to understand the effect their actions have on other people is half the battle. "A group of youngsters might play football in one area where nobody minds, then migrate to another place where residents are disturbed by it. Sometimes they wonder why people don't just ask them nicely to stop, because they don't feel they are being at all threatening – it is so much about different people's perceptions."

People should always approach potentially contentious situations with caution, says Sangeeta, but many young people will respond reasonably. "For those who are not reasonable, the Chance scheme will give them the opportunity to change their ways," she says.



**TO REPORT ANTI-SOCIAL BEHAVIOUR, CALL NEWHAM'S 24-HOUR HOTLINE 0800 731 3300**

## Newham leading the way

Sgt Paul Dunn, lead officer with the Met's ASB unit, worked with Newham Council to develop the Chance scheme.

He said: "Newham is very different to other boroughs in that people have a strong will to work together. It is also unique in the amount of work it does with young people who are not yet in the criminal justice system.

"The support that comes with Acceptable Behaviour Contracts shows people there are consequences to their actions – if you instil a sense of social responsibility you stand more chance of long term success against anti-social behaviour.

"Newham's ABC+ scheme is a long term solution. In many cases, parents are not irresponsible, they are in crisis and need support. And it is fantastic that the scheme encourages young people who have had problems to go on and mentor others.

"I am promoting Newham's Chance scheme throughout the whole country and I can't emphasise enough how impressed other areas are with it."



Paul Dunn

## Case Study

Although 15-year-old Luke\* had never been in trouble, he was spending time with a very mixed group of friends, some of whom had committed offences. A local resident, intimidated by the group's noise and bad language, reported them to Newham's Crime and Anti-Social Behaviour Service. A number of the group, including Luke, agreed to sign Acceptable Behaviour Contracts and attend an eight-week awareness programme.

Although Luke did not feel he had done anything wrong, he took responsibility for his actions and accepted that the group's behaviour could be seen as intimidating. He also realised that his association with the group was affecting his schoolwork. His mother was very supportive of the effort he made to make changes.

He said that he did not want to spend any more of his free time in the future attending more sessions, but instead wanted to fulfil his goals. His ABC has another two months to run, but he is doing well at school and there have been no reports of him committing any anti-social behaviour.

\*Name changed to protect identity.



## IN BRIEF

### Guests impressed by Open Evening

April Travell from Cumbria and her mother got up at 5.30am to catch the train down to London for the UEL Open Evening on 10 January, where they were among 400 visitors.



April said: "It's definitely been worth it; the Campus looks great and I'm really impressed by all the IT and library facilities. UEL seems like a really up-and-coming university."

### Love and terror on the menu

UEL's popular public lecture series hots up in February with two exciting events. On Thursday 8, United Nations Special Rapporteur Martin Scheinen will talk on the protection of human rights in the war on terror at UEL's School of Law in Stratford, while on Tuesday 13, Dr Erika Calvo, senior lecturer in politics at UEL's School of Social Sciences, Media and Cultural Studies, will give a Valentine's lecture entitled The recipe for love: gender, nature and the politics of food at Docklands campus. All welcome, admission free and refreshments provided – full details on [www.uel.ac.uk/lectureseries](http://www.uel.ac.uk/lectureseries).

## New degrees of happiness for New Year!



Starting a degree in the New Year could be a key to happiness, according to Dr Ilona Boniwell, one of Europe's foremost experts in positive psychology and the leader for a new part-time postgraduate programme at UEL.

New Year starts are becoming an increasingly popular alternative to the traditional September entry. The University of East London is an established leader in this area, with more than 100 programmes starting in February 2007.

"This is a system that really works for our students and we are looking to extend it in future", explains Carol Elliott, head of admissions at UEL. "With a high proportion of mature students, and many students taking time out between school or college and university, we offer flexibility and choice."

New Year starts also make sense for psychological reasons. "We tend to work in cycles, and this is the time for resolutions

and new ventures", says Dr Boniwell, recently interviewed on BBC News.

Nancy Roberts began her combined honours degree in Journalism and International Politics in February 2006. "After checking the UCAS website, I decided to go to the UEL open evening to find out more. I instantly applied for a course and am really happy I was accepted."

UEL is certainly experiencing the benefits of the Olympic 'feelgood factor'. "We have seen a rise in numbers of students interested in sports science and related degrees", said Roger Worgan, registrar for the Stratford-based School of Health and Bioscience, home to UEL's new Centre for Clinical Education in Podiatry, Physiotherapy and Sports Science.

It's not too late to apply for programmes starting in February – call 020 8223 3333 or visit [www.uel.ac.uk](http://www.uel.ac.uk)



Dr Boniwell is interviewed by the BBC for television

**UEL is rated among the leading modern (post-1992) universities in the UK according to the Guardian University Guide. For details of all programmes and to receive a copy of our new prospectus, contact 020 8223 3333 or visit [www.uel.ac.uk](http://www.uel.ac.uk)**

# Stratford City Zone 1 Public Consultation

Stratford City is a project that will transform the face of East London. Situated adjacent to the site of the 2012 Olympics, the scheme will provide new shopping, leisure and entertainment experiences alongside offices, hotels, housing and community facilities.

The scheme will benefit from fantastic local and European transport links as well as extensive landscaping, with new squares, parks and gardens.

This consultation is your opportunity to explore the features at the heart of the scheme and tell us your views.

Sunday 28th January from 11am – 5pm  
and Monday 29th January 8am – 7pm

Old Town Hall Stratford,  
29 The Broadway, Stratford, E15 4BQ

 LCR

 **Westfield**  
STRATFORD CITY



## Newham Extended Services Early Start Little Ilford

### Commissioning Local Providers for Early Start Projects

**Early Start Little Ilford** asked local children under five and their parents how their lives could be enhanced. As a result, Early Start Little Ilford intends to commission two additional projects to meet the needs it uncovered.

We are inviting individuals, groups and organisations to apply to deliver the following services:

- Development and Outreach Project for Roma Families
- Support and Advocacy Project for the Albanian Speaking Community

Experienced providers wishing to play a part in these exciting developments should contact:

**Sunita Swift**  
Early Start Little Ilford  
Manor Park Library  
Romford Road  
London E12 5JY  
020 8430 2626  
[sunita.swift@newham.gov.uk](mailto:sunita.swift@newham.gov.uk)

You will receive a pack containing everything you need to submit your application. Please clearly state the

project(s) you are applying for. The deadline for the receipt of expressions of interest is **Monday 26th February 2007 at 4pm**.



**Early Start** works in partnership with parents to give all Newham children under five access to tailored children's services including health, education and family support. We aim to improve the quality and availability of childcare for all children. We particularly work with disadvantaged families and provide training and routes to employment, contributing to ending child poverty.

# Improved sexual health services for Newham



Patients can now benefit from the newly refurbished Greenway Centre at Newham University Hospital. The £400,000 development has seen the complete transformation of the centre including new flooring, furniture, equipment and the creation of more consultation and treatment rooms.

The Greenway GUM (Genitourinary Medicine) Clinic refurbishment comes in response to a growing demand for the service and feedback that has been received through comment cards, part of the hospital's *Patients First* initiative. One card noted: "The conditions were cramped. I had to stand most of the time."

The improvements will bring a number of benefits for visitors. These include

**"The atmosphere and the environment are much nicer and the amount of time I spent at the clinic was shorter than usual."**

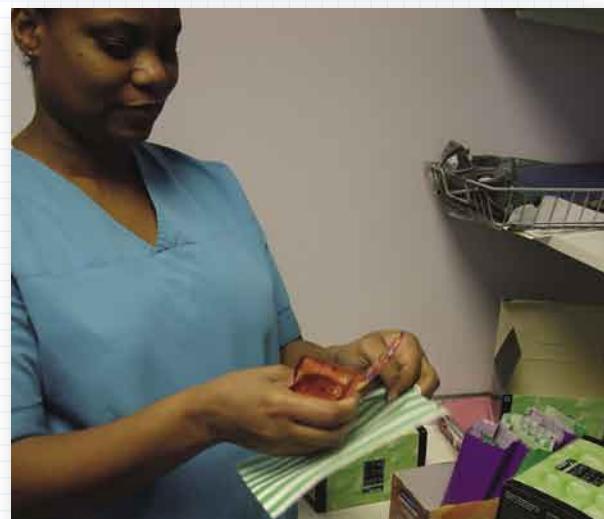
shorter waiting times, easier access to services, improved confidentiality and a more dignified environment. Nurse-led services are also being introduced, which will see nurses with the necessary skills undertake assessment and treatment as well as the doctors, allowing more patients to be seen, quicker.

When asked about the improvements, one patient said: "The atmosphere and the environment are much nicer and the amount of time I spent at the clinic was shorter than usual. I had more privacy while talking and didn't feel like people were listening to what I was saying. "There is also more space and the general appearance is lovely, which makes you feel much more relaxed. Thank you so much for renovating the centre."

Dr Tom McManus, Greenway consultant, said: "Refurbishing the Greenway means that we can provide a first class sexual health service which meets the needs of the residents of Newham. The Greenway allows people to access a service that understands that sexual health is as much a part of our lives as getting a common cold and offers a friendly, confidential and comprehensive service when it's needed."

The Greenway provides a range of sexual health services including full screening for and treatment of sexually transmitted infections, HIV testing, counselling, emergency contraception, sexual assault follow-up care and sexual problems advice and management.

A number of further developments to enhance the environment are still being planned including the provision of



comfortable seating and artwork for the waiting area. The Trust is waiting to hear whether its application to the Elton John Aids Foundation for further funding has been successful.

The Greenway Centre, Newham University Hospital, Glen Road, Plaistow E13 8SL. Telephone: 020 7363 8146.

#### **Opening Times:**

**Monday 9am – 4pm**  
**Tuesday 9am – 5pm**  
**Wednesday 1pm – 4pm**  
**Thursday 1.30pm – 6.30pm**  
**Friday 9am – 2pm**

**The Greenway Centre also runs the Applegreen Clinic at the Appleby Centre on Mondays from 1.30pm – 3.30pm.**

The Greenway Centre runs a walk-in-and-wait service. Everybody who arrives during opening hours will be seen on the same day.

## What happens when you visit a clinic?

### Step 1

Register at reception and fill out the necessary forms

### Step 2

See a doctor or nurse who will take your sexual health history, carry out a genital examination and screen for infections

### Step 3

Wait for the provisional results of the tests (some results will need to be sent to the lab and take up to two weeks to return)

### Step 4

See a nurse, doctor or sexual health advisor to receive advice and treatment for infection/s indicated in the provisional results

### Step 5

Book a follow up appointment if necessary

**Steps 1 to 5 usually take around 3 hours**

## New one-stop-shop sexual health clinic for young people in Canning Town

SHiNE (Sexual Health in NEwham) has joined forces with staff from Newham's GUM service to provide a one-stop sexual health and family planning clinic for young people in Canning Town – the first of its kind in the borough.

With funding from Newham's Teenage Pregnancy Strategic Group, SHiNE opened a new clinic at the Appleby Centre last year, providing contraception, counselling, referral for termination of pregnancy, advice on sexual health, and chlamydia testing for teenagers and young people up to the age of 24.

Now the GUM service, already based at the Appleby Centre on Mondays, has extended its hours into the evening so that young people can receive screening for sexually transmitted infections and further sexual health advice, in addition to family planning services. To help encourage more young men to use the service, a male counsellor and male development worker from SHiNE are part of the regular staff at the clinic.

The SHiNE clinic at the Appleby Health Centre is now open on Mondays from 4.30pm – 6.30pm. All

services are free and confidential, and no appointment is necessary.

Further SHiNE clinics run at the following centres:

### Mondays 4.30pm – 6.30pm

Appleby Centre, Appleby Road, Canning Town E16 1LQ

### Thursdays 5pm - 6.30pm

Shrewsbury Road Health Centre, Shrewsbury Road, Forest Gate E7 8QP

### Tuesdays 4.30pm – 6.30pm

West Beckton Health Centre, 2 Monarch Drive, West Beckton E16 3UB

### Mondays 5pm – 6.30pm,

### Wednesdays 4.30pm – 6.30pm,

### Saturdays 9.30am – 11.30am

West Ham Lane Health Centre, 84 West Ham Lane, Stratford E15 4PT

If you are aged 24 or under and need free, confidential contraceptive or sexual health advice you can get help from SHiNE. If you are over 24, you can contact your family doctor or the Greenway Centre for advice.

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## 10 reasons to get physical!

### reason # 1: new year, new you!

if you're feeling fed up of not looking and feeling great, then it's time to kick start your way to a new you.

Participating in regular, fun and friendly group exercise is one of the best ways you can reach your goal.

call me now to find out how I can help kick start your new year to a new you.

natasha 07940 739 232



**City of London Cemetery and Crematorium**  
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## Come and Learn

# KARATE

Not just for Self defence, Self discipline, or a **level of fitness that you never thought possible**, but for the sport that boast Champions of all ages **A Sport** that as you progress you are able to compete in various Tournaments, Regional National and International for England. I knew none of this when I started in **1970** and achieved English British, European and world titles. I Have also produced students that have exceeded me by far.

**TKO-KARATE CLUB, ATHERTON LEISURE CENTRE** .MON. -WEDNESDAY 8.30 -10.00 PM  
NEW KIDS CLASSES STARTING SOON, 7-15YRS. FOR INFO 020 8522 1998..



Rokeby School, Pitchford St, Stratford, E15 4RZ

## Welcome to Saturday School @ Rokeby! for Years 5 & 6 Students

DRAMA, STREET DANCE, LITERACY, ICT, NUMERACY, ART

Want to improve your confidence and communication skills whilst enjoying a Saturday morning with friends at a central Stratford location? Then we have just what you are looking for.

We have some exciting activities planned for the spring season. Year 5 & 6 students can expect a fun packed Saturday where they will move around the school over four workshops.

**Classes start: Saturday January 13th 2007 - 9.30am-12.30pm**  
**Free Snacks provided!**

If you are interested, please contact Dawn Joseph on: 07950 711969 or Julie Kennelly on: 020 8534 8946 ext 101.

See you there!

# Credon Centre

Newham's Professional Development Centre

## Training & Conference facilities:

- 14 rooms with multimedia projector, video, flipchart
- for groups of 15-150
- some with wheelchair access
- £102 to £192 per day
- off street parking, 120 spaces
- Café

## Media Services

*Call or email today for more information, availability and prices.*

**Contact Dawn Bowyer**  
on **0208 430 5934**  
[dawn.bowyer@newham.gov.uk](mailto:dawn.bowyer@newham.gov.uk)



# NEED MONEY?

## Live or Work in Newham?

Want to buy that washing machine, new cooker or freezer or need money to pay an urgent bill? Whatever you need the money for, take advantage of a great new offer from your local Credit Union and get a quick and easy, low cost loan for up to £1,000 (conditions apply). We offer an attractive interest rate of 2% per month on the reducing balance or 26.8% APR. Repay a £1,000 loan over 12 months and the total interest charged is just £134.71.

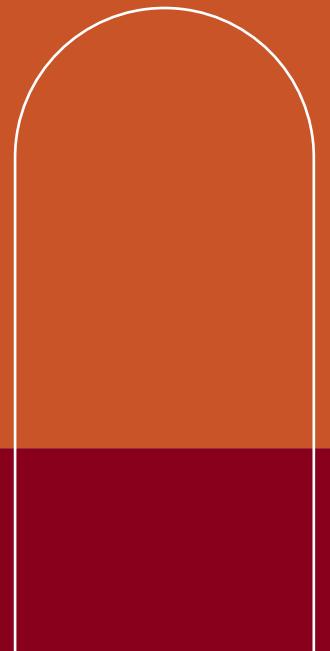
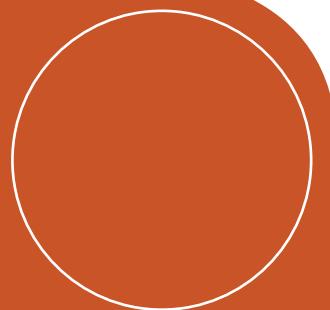
## Join Now – Borrow Now

Join the Credit Union now and get an instant loan – you don't have to save before you borrow. All you need to do is pop into your nearest branch with two forms of ID and our friendly staff will help you do the rest.



For more information, call your local branch; e-mail: [info@newcred.co.uk](mailto:info@newcred.co.uk); or visit the NewCred Community Credit Union website: [www.newcred.co.uk](http://www.newcred.co.uk)

Head Office: 1 Water Lane, Stratford, E15 4LU. Tel: 020 8555 5388.  
Opening hours: Mon, Tues, Thurs, Fri: 10am - 5pm. Wed & Sat: 10am - 2pm



A photograph of a diverse crowd of people, including children and adults, at what appears to be a community event or meeting. The crowd is diverse in ethnicity and age, with many people smiling and looking towards the camera or stage.



## BECKTON COMMUNITY FORUM ANNUAL GENERAL MEETING

**Tuesday 27  
February  
7pm–9pm**

Kingsford  
Community School,  
Kingsford Way,  
Beckton E6 5JG

**it's our borough  
play your part**

**Help influence the future of our local area**

**Do you want to take action and make positive changes in our community?**

Now is the chance to nominate yourself for the Beckton Community Forum Steering Group. To get a registration form call 0800 519 4015, email [community.forums@newham.gov.uk](mailto:community.forums@newham.gov.uk), or pick up a copy from your local Library, Community Centre or Service Centre.

Nominations close on **Tuesday 20 February** and new members will be chosen at the AGM.

All community members are encouraged to come to the AGM and select their Steering Group.

**Have your say and help shape the future of Beckton!**

**FREE  
REFRESHMENTS**

# COMMUNITY FORUMS



## NEWHAM-WIDE

### FORUMS GET SET FOR WINTER WALKABOUTS

Can you spare a couple of hours to help tidy up the streets of your local area by taking part in a Community Forum walkabout?

Council officers will clear the mess but we need you to locate the hot-spots for rubbish, fly-tipping and other eyesores like graffiti and abandoned vehicles. Just turn up and join in.

*Walkabout whereabouts*

#### Forest Gate

Saturday 3 February, 10am-12noon  
Meet outside the Library@The Gate, 4-20 Woodgrange Road, Forest Gate E7 0QH at 9.45am  
Covering: Disraeli Road, Salisbury Road, Margery Park Road, Crosby Road, Knox Road, Old School Crescent, Elm Road, Stork Road, York Road and Reginald Road

#### Custom House & Canning Town

Saturday 10 February, 10am-12noon  
Meet at the corner of Tollgate Road and Monarch Drive E6 at 9.45am  
Covering the roads between Monarch Drive and Stansfeld Road

For more information about these events contact us on freephone 0800 519 4015



Locate the hotspots and help keep your community clean

### COMMUNITY FORUMS DO THEIR BIT FOR GREENER NEWHAM

Community Forum members are no strangers to doing their bit for the environment with regular

walkabouts and events to help promote use of the borough's recycling facilities.

In a joint bid with the council to help the borough improve recycling targets, the forums will ensure that the Recycle for Newham logo will now appear on all its marketing material.

Executive Adviser for Community Forums Councillor Richard Crawford said: "We regularly leaflet the community to promote our activities and events because this is an effective way of keeping local residents informed. Including the recycling logo was a simple but effective step to help remind everyone that we can all be responsible for doing our bit and recycle more."



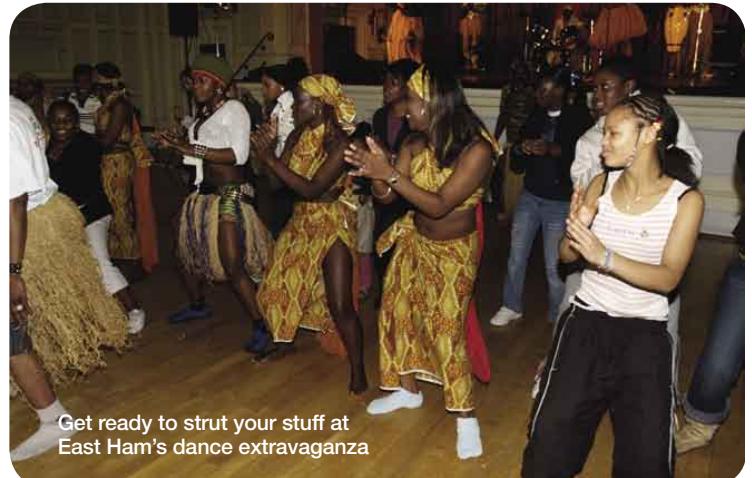
## EAST HAM

### EAST HAM'S PUTTING ON ITS DANCING SHOES

East Ham Community Forum is organising a free community dance event at East Ham Town Hall on Saturday 24 February. The event, produced by East London Dance, will again showcase another top line up of dance acts and include fun for all the community.

Chair of East Ham Community Forum Jose Alexander said: "As we go to press we're still working up the finer details. However, this promises to be another great East Ham forum event and we look forward to seeing you there. Dig out your dancing shoes now!"

Look out for more details in the next issue of The Newham Mag.



Get ready to strut your stuff at East Ham's dance extravaganza

# WHAT IS A COMMUNITY FORUM, WHICH IS MINE AND HOW CAN I GET INVOLVED? **CALL 0800 5194015 TO FIND OUT MORE**



BECKTON

HELP INFLUENCE THE FUTURE OF BECKTON

Beckton Community Forum is seeking nominations from local residents keen to help shape the future of their local area.

Nomination forms for the forum's Steering Group are available now at the Beckton library, local service centre and community centres or by calling freephone 0800 519 4015 or emailing [community.forums@newham.gov.uk](mailto:community.forums@newham.gov.uk).

Steering groups are chosen annually and are made up of local residents, business people, voluntary sector representatives and elected councillors. Steering group members are responsible for driving the work of the forum and meet regularly throughout the year to organise a range of activities and events in partnership with local service providers. These events focus on the local issues local people most want tackled such as crime, health, environment and building communities and help to deliver the forum's Neighbourhood Action Plan.

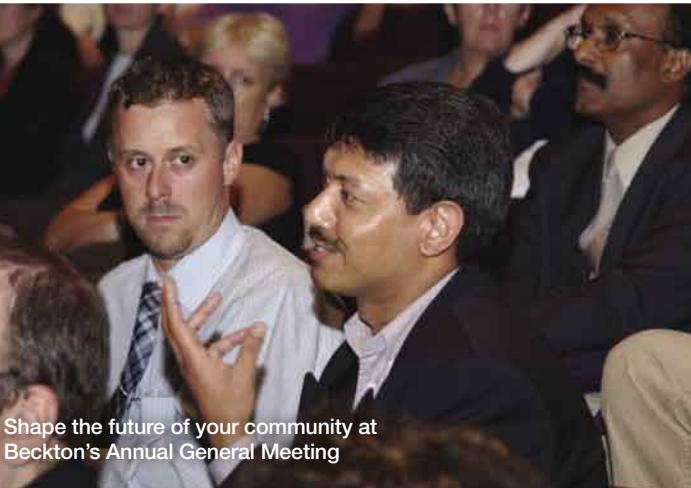
Forum events organised by the steering group over the past year include their Big Clean-Up day, giving residents the opportunity to have their say on the future

of London City Airport and local car crime as well as fun community events such as the Christmas arts, crafts and food festival.

Steering group members will be chosen by fellow local residents at the forum's annual general meeting (AGM) which takes place at 7pm on Tuesday 27 February at Kingsford Community School, Kingsford Way, Beckton E6 5JG.

Deputy Mayor and Beckton ward councillor Christine Bowden encourages all local people to attend the AGM. She said: "This is your chance to make a positive change to the area. The steering group plays an important role with putting local people's views forward and promoting positive change".

Lead Councillor for Beckton Community Forum Ayesha Chowdhury agrees. She said: "We need all sections of the Beckton community to put themselves forward for nomination. You don't need to



Shape the future of your community at Beckton's Annual General Meeting

be an existing Community Forum member and the only requirement is that you live or work in the Beckton Community Forum area."

Residents can nominate themselves by completing a nomination form and returning it by Tuesday 20 February, one week before the AGM.

To find out more about what's involved and get a registration form, call freephone 0800 519 4015 or email [community.forums@newham.gov.uk](mailto:community.forums@newham.gov.uk)

**it's our borough  
play your part**

NEWHAM COMMUNITY FORUMS

**>>** Community forums are for you to have your say about services in your borough and to help us, and you, make positive changes to your neighbourhood. There are nine community forums in Newham working to make each local area a safer, healthier and more interesting place to live.

**To find out more call freephone 0800 519 4015, email [community.forums@newham.gov.uk](mailto:community.forums@newham.gov.uk) or visit [www.newham.gov.uk/communityforums](http://www.newham.gov.uk/communityforums)**

# COMMUNITY NEWS



## NEWHAM-WIDE

## FREE TRAINING TO HELP LOCAL DISABLED PEOPLE

The London Borough of Newham is offering a free training course for people who want to help plan and organise support for people with a variety of disabilities.

Priority will be given to people who:

- Have good links with their community helping to support others
- Have a "can do" attitude to life
- Are interested in working for a fee for the service being asked for
- Would be able to provide their service for people living in Newham

→ Can meet the needs of the diverse languages spoken in Newham

It is not essential to have previous experience of social services, or professional qualifications, but to have the right attitude to support people to become full citizens in their community. Travel expenses will be offered.

This course, if successfully passed, would enable people to become self employed and to work within their own community.

If you would like more information,



please contact Denise or Jacqui on 020 7250 7538/7539.



## STRATFORD & WEST HAM

### DISCOVER WILL DOUBLE FACILITIES THANKS TO GRANT

Discover, the children's centre in Stratford, has been awarded a further £130,000 to renovate its basement by the Stratford Development Partnership for Regeneration charity.

This has been awarded on top of the £175,000 already contributed by the Partnership last year. In total, Discover has now raised £435,000 to refurbish its basement, which will eventually enable it to double its facilities.

Work will start on the basement early next year and will comprise of fantastic spaces to continually enable children to enjoy new experiences with every visit. Part of the basement will provide an area for children to have fun making large scale art, using unconventional materials that they wouldn't ordinarily be able to access at home or school. There will also be a studio to house exhibitions and installations that will change throughout the year, which will include anything from a Caribbean island to a snowy winter wonderland.

The additional space will allow Discover to extend the age range it currently caters for, enabling eight-12 year-olds to also have access to the creative resource.



## FOREST GATE

### EARLHAM PRIMARY REACHES FINAL OF SCULPTURE COMPETITION

Children and teachers at Earlham Primary, Forest Gate, are celebrating after reaching the top six in a national sculpture competition judged by CiTV Art Attack's Neil Buchanan.

Schools were invited to create sculptures out of old Yellow Pages directories. Earlham pupils chose to create a life-size Trojan horse, which was chosen by Mr Buchanan to go into the top six and then voted for by the public.

Laura Hewer, deputy head, said: "The class decided to make a Trojan horse sculpture after studying Greek myths in the classroom. We were delighted to reach the top six and hope to go even further next year."

# GOT A STORY FOR COMMUNITY NEWS? WE WANT TO HEAR FROM YOU. **EMAIL [NEWHAM.MAG@NEWHAM.GOV.UK](mailto:NEWHAM.MAG@NEWHAM.GOV.UK)**



## STRATFORD & WEST HAM

## YOUNG ACTORS WANTED BY STRATFORD EAST

Theatre Royal Stratford East is searching for young acting talent in East London.

The theatre is putting together a new team of young actors to train and then create and perform a new play and tour it around the East End.

Resident director Rae McKen, said: "It is a widely known fact that the East End of London is brimming with amazing, undiscovered talent, talent we are looking to tap into."

As part of this project the theatre will

also provide guidance on getting work in the creative industries and help young people meet professionals for a reality check with real advice about pursuing a career in the theatre.

So, if you are aged 16–25, passionate about performing, not already following a course of study and available between February and June for three days a week, then call Rae for more details on 020 8279 1102 or email [rmcken@stratfordeast.com](mailto:rmcken@stratfordeast.com)



## NEWHAM-WIDE

## CHILDREN'S HOSPICE AND RECYCLING BUSINESS TEAM UP



One of the new Richard House recycling banks on its way to a supermarket near you

An innovative scheme has been launched to combine protecting the environment and raising money for the care of local children.

Government Minister and Canning Town MP Jim Fitzpatrick joined Richard House Children's Hospice, local recycling firm LMB and waste management company Shanks to unveil the charity-branded textile bins which will be placed outside major supermarkets across the boroughs of Newham, Havering, Barking and Dagenham and Redbridge.

Richard House in Beckton, which provides respite and palliative care for around 150 life-limited children and their families each year, will get more than £100 every time a bank is filled. Many of the clothes donated are also sent on by LMB to developing countries such as Uganda in Africa and in Eastern Europe.



## STRATFORD & WEST HAM

## HALF-TERM FUN AT STRATFORD SHOPPING MALL

Any schoolchildren who are wondering how to fill their February half-term should check out the free sports activities at Stratford Shopping Mall from Monday 12 to Friday 16 February.

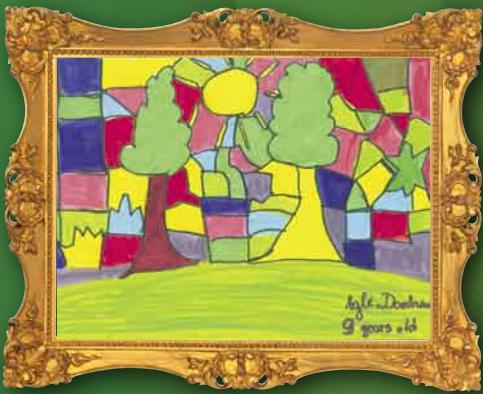
There will be more than 15 sports to have a go at including fencing, karate, boxing and volleyball. Sessions will be held throughout the day and beginners are welcome so even if you've never tried it,

this is a great way to get started in a new sport.

For specific listings call 020 8430 2484 or log on to [www.newham.com/2012Games](http://www.newham.com/2012Games)

# Kids' corner

## Gallery



Eglé Dambrauskaite, 9



Ahad Sheikh



Hapilan, 8

Sudoku  
answer

2	3	4	5	1	6
1	5	6	3	2	4
4	2	3	6	5	1
6	1	5	4	3	2
3	4	1	2	6	5
5	6	2	1	4	3

Ten people sat under a tiny umbrella. Not one of them got wet. Why? **Because it wasn't raining!**

I played cards with a crocodile but had to give up.  
Why? **Because he kept winning snap!**

Why did the bike get tired? **Because it had two tyres!**

by Suriya Shah, 10

## Jokes



Ekpreet Sahota, 7

# Poem



**Thinking about God**  
by Adil Ahmed, 12

Who made the universe, I wonder?  
Who is the true creator?  
Who gives us water to drink?  
All these questions I think.

Who gave us eyes to see  
The world's magnificent beauty?  
Who allows us to feel?  
Is this God really real?

Who made the thunder that makes  
us shiver?

Who makes the sun rise from the  
east and not the west, and then  
allows it to rest?

As I sit down I begin to wonder  
It comes into my head the correct  
answer.

All these signs you cannot see, the  
sun the moon, stars and seas.  
God is the creator of the universe,  
you and me.

Fill in the grid so that  
every row, column  
and coloured box  
contains ALL the  
numbers from 1 to 6.

## Sudoku

			1		
	4	1			5
	1	5			
			6	5	
1			3	2	
		4			



Thames Barrier Park is open from 7am-4.45pm  
The Prime Coffee Shop is open from 10am daily

Sponsored by Thames Barrier Park, North Woolwich Road,  
London, E16 [www.thamesbarrierpark.org.uk](http://www.thamesbarrierpark.org.uk)

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**LONDON**  
DEVELOPMENT  
AGENCY  
WORKING FOR THE MAYOR OF LONDON

Anyone wishing to get fit in the new year but not sure where to start need look no further than Newham Fit Club's Healthy Hearts programme.

Walk 4 Health is part of the Healthy Hearts programme, and is designed specifically for people who are looking to take their first steps to better fitness.

Walking is a great way to get fit; it's low cost, needs little equipment and burns 100 calories per mile. Walking is also very flexible so you can walk when you like and where you like, and get your family and friends involved for extra motivation.

By simply walking for 30 minutes or more for five days per week, you can see amazing health benefits, including healthy joints, bones and muscles, more energy and weight loss. Walking can also lower stress levels and improve your mood.

By signing up for the Walk 4 Health programme you will receive a personal six or 12 week walk programme tailored to suit your individual health and physical

activity needs. You can also make use of a drop-in clinic for mini health MOTs.

Jean Manley from Stratford has been taking part in the Walk 4 Health programme since September 2005. Despite suffering from osteoarthritis she now regularly walks and has seen many health benefits.

Jean says: "I first saw the Walk 4 Health programme at a community event and decided to get involved. I was given a book and started recording my steps, and after it was full I made my own and continued to keep a record. Now I walk all the time.

"It was sometimes hard at first but the instructors are wonderful. They have given me so much encouragement and I couldn't have done it without their support.

"There is also a great social aspect to Walk 4 Health. I have met so many people in the community and it's great for getting out and about in the fresh air.

"I would definitely recommend it to people."

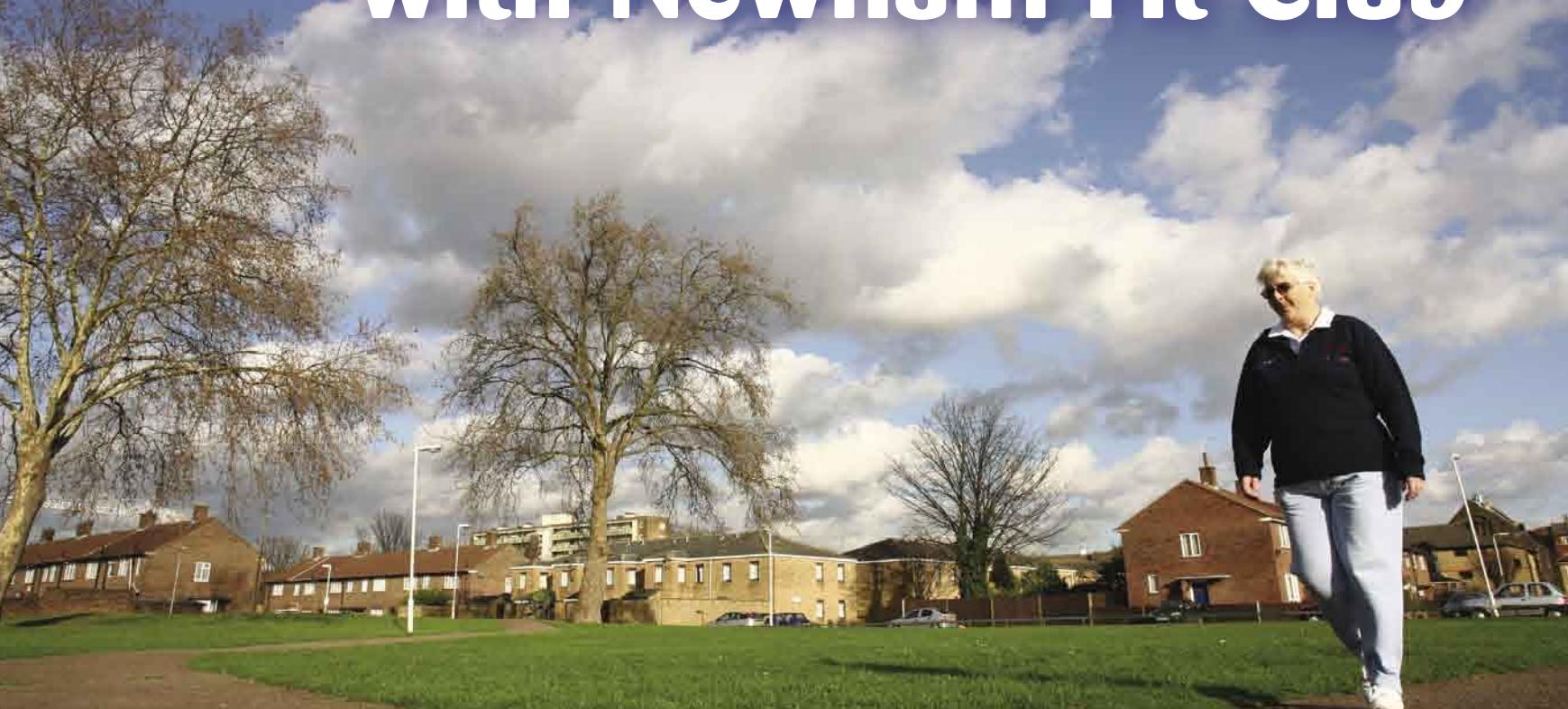
Walking is low impact exercise, which means even if you have raised blood pressure, type 1 or type 2 diabetes, or are overweight, you can still join in the programme and see the benefits.

**"I have met so many people in the community and it's great for getting out and about in the fresh air"**

To register or obtain more information about the Walk 4 Health programme, call 020 8430 6905.

To become a fit club member, contact Newham Fit Club on 020 8430 6626 or register online at [www.span.newham.gov.uk/clientsonline/fitclub](http://www.span.newham.gov.uk/clientsonline/fitclub)

# Jean walks 4 Health with Newham Fit Club



Jean Manley out for her daily stroll

# ADOPTION



**A new way of life**

**Don't just think about it, call  
0800 783 6388**

**[www.newham.gov.uk](http://www.newham.gov.uk)**

Newham College, Ravensbourne College of Design and Communication and Fashion Awareness Direct have worked in partnership to involve students from The Beijing Polytechnic of the Second Light Industry in a special fashion project.

It challenges students to design an original outfit to be worn at the opening ceremony of the Olympic Games and Paralympic Games in 2008.

As Beijing and London are consecutive hosts of the next two Olympics, the objective of a trip to China by Newham College staff was to add a Chinese dimension by enabling students from Beijing to work alongside their British counterparts. The initiative was supported by The Prime Minister's Initiative for International Education, which aims to support new international consortia of



Newham College staff visited a textile manufacturer in China

# College gets ready for next year's Beijing Games



UK and Chinese college staff in Beijing

educational institutions, with targeted international priority markets through staff and student exchanges.

The study trip involved five members of staff from the UK partner organisations, including the college, and followed initial visits by Rosy Crehan, head of the Faculty of Design at Ravensbourne to the Chinese college in April 2006 and a return visit by its principal, Madam Wang, to Ravensbourne in May.

Using the learning materials supplied

by the UK colleges, Polytechnic teachers introduced the project to 24 students. This was followed by a practical drawing lesson and a design development exercise delivered by the team with the teachers' support. It was a new way of working for both teachers and students, and a very effective way of introducing the project.

The trip concluded with visits to two local garment manufacturing factories, one producing womenswear ranges for the domestic Chinese market, the second producing cashmere knitwear for export.

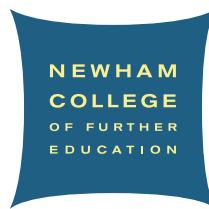
This gave the UK delegates a valuable insight into the fashion manufacturing industry practice and procedures in China, thus increasing their understanding of the factors affecting global fashion trading.

The trip was an unqualified success. The collaboration between the UK and Chinese colleges was fully confirmed, with the additional undertaking that, subject to funding, selected Beijing students will attend the final stages of the project in London in July this year.

## New Year Skills

Whether you are an individual learner or a local business, in 2007 you should make your new skills resolution and join one of our many new courses starting in January and February.

Call us on 020 8257 4446 for further information.



For specific information and advice about all council services call: 020 8430 2000 or visit your Local Service Centre. For general information log on to [www.newham.gov.uk](http://www.newham.gov.uk)

**Councillor surgeries:** To find out who your councillor is and surgery dates call 020 8430 2000 or log on to [www.newham.gov.uk/yourcouncillor](http://www.newham.gov.uk/yourcouncillor)

# WHAT'S ON?



## LIBRARIES

**Beckton Globe** 1 Kingsford Way, E6 5JQ. 020 8430 4063  
**Canning Town** Barking Road, E16 4HQ. 020 7476 2696  
**Custom House** Prince Regent Lane, E16 3JJ. 020 7476 1565  
**East Ham** High Street South, E6 6EL. 020 8430 3648  
**The Gate** 4-20 Woodgrange Road, Forest Gate, E7 0QH. 020 8430 3838  
**Green Street** 337-341 Green Street, E13 9AR. 020 8472 4101  
**Manor Park** Romford Road, E12 5JY. 020 8430 2207  
**North Woolwich** 5 Pier Parade, North Woolwich E16 2LJ. 020 8430 5900  
**Plaistow** North Street, E13 9HL. 020 8472 0420  
**Stratford** The Grove, E15 1EL. 020 8430 6886

## UNDER 5s STORY AND RHYME SESSION

Led by a trained member of staff.  
**Beckton Globe** Friday 2, 9, 16, 23 February 10-11am  
**Canning Town** Wednesday 31 January, 7, 14, 21 February 10.30-11.30am  
**Custom House** Tuesday 30 January, 6, 13, 20 February 10.15-11.15am  
**East Ham** Wednesday 31 January, 7, 14, 21 February 2-3pm  
**The Gate** Friday 2, 9, 16, 23 February 11am-12noon  
**Green Street** Thursday 1, 8, 15, 22 February 10.30-11.30am  
**Manor Park** Thursday 1, 8, 15,

22 February 10-11am  
**Plaistow** Tuesday 30 January, 6, 13, 20 February 11am-12noon  
**Stratford** Tuesday 30 January, 6, 13, 20 February 11am-12noon, Friday 2, 9, 16, 23 February 2-3pm

## READING GROUPS

**Adult Reading Group** – read a book a month and share your thoughts with the rest of the group, something for contemporary and classic tastes.  
**East Ham** Monday 19 February 6.15-7.45pm  
**The Gate** Tuesday 6 February 6.30-7.30pm  
**Children's Reading Group** – the best in children's new books. Parents are welcome too!  
**Canning Town** Saturday 17 February 3.30-4.30pm  
**Family Reading Group** – for children aged five to 11 and their family members to talk about and recommend books.  
**East Ham** Thursday 1 February 6-7pm  
**Plaistow** Saturday 27 January 10.30am-12noon  
**Beckton** Tuesday 6 February 6-7pm  
**The Gate** Sunday 4 February 2.30-4pm

**Over 50s Reading Group** – explore the pleasure of reading in a friendly environment.  
**Beckton** Tuesday 27 February 10am-12noon  
**Plaistow** Thursday 1 February 6.45-7.45pm  
**Teen Xtra Reading Group**

– explore the latest books in the vibrant range of fiction now available for teenagers.

**Beckton** Thursday 22 February 2.30-4pm  
**Tamil Reading Group** – discuss Tamil literature and discover new and exciting authors.  
**East Ham** Wednesday 14 February 11am-1pm  
**Women Only Urdu Reading Group** – read novels, short stories and poetry and enjoy the delights of the Urdu language.  
**The Gate** Tuesday 13 February 5.30-7.30pm

## HOMEWORK CLUBS

Term time only, 7-14 years. Weekly homework help and advice from dedicated homework helpers.  
**Beckton** Tuesday 30 January, 6, 13, 20 February 4-6pm  
**Manor Park** Saturday 27 January, 3, 10, 17, 24 February 10am-12noon  
**Stratford** Monday 29 January, 5, 12, 19 February 4-6pm  
**Canning Town** Saturday 27 January, 3, 10, 17, 24 February 10am-12noon  
**Custom House** Saturday 27 January, 3, 10, 17, 24 February 10am-12noon  
**East Ham** Monday 29 January, 5, 12, 19 February 4-6pm  
**The Gate** Thursday 1, 8, 15, 22 February 4-6pm  
**Green Street** Tuesday 30 January, 6, 13, 20 February 4-6pm  
**Plaistow** Thursday 1, 8,

15, 22 February 4-6pm

## UNDER 5s PLAY SESSIONS

**Toy Libraries for Under 5s** – Borrow toys from our toy library for your baby to enjoy at home.  
**Beckton Globe** Monday 29 January, 5, 12, 19 February 10am-12noon, Thursday 1, 8, 15, 22 February 1-3pm  
**East Ham** Tuesday 30 January, 6, 13, 20 February 10am-12noon, Thursday 1, 8, 15, 22 February 10am-12noon  
**Messy Play** – Activities for under 5s.  
**Beckton** Thursday 1, 8, 15, 22 February, 10am -12noon & 1-3pm  
**Imaginative Play** – Drama and dressing up for under 5s.  
**East Ham** Friday 2, 9, 16, 23 February 10-11am

## OTHER GROUPS

**Teen Afternoon** – play the latest PS2 and XBox games, board games, surf the net, read magazines and make new friends. 11-19 years.  
**Custom House** Tuesday 30 January, 6, 13, 20 February 3.30-5.30pm  
**East Ham** Tuesday 30 January, 6, 13, 20 February 3.30-5.30pm  
**Manor Park** Thursday 1, 8, 15, 22 February 4-6pm  
**Click On** – look at websites and develop your computing skills. Call Canning Town Library on 020 7476 2696 to book a place.  
**Canning Town** Friday 2, 9, 16, 23 February 9.45-11.45am

# the big quit



**Had enough of smoking? Come and quit with us...**

## when?

Saturday 3rd February 2007\*

## where?

**St John's Church**  
Stratford Broadway  
E15 1NG

## what time?

10am - 12pm

Get **FREE** nicotine replacement therapy\*\* (gum, patches etc), help, advice and support all in one place!

**Call us on**  
**0800 0131673**  
for more information

\* Saturday 6th, 13th, 20th and 27th January 2007 are registration weeks. Saturday 3rd, 10th, 17th and 24th February 2007 are follow up weeks.

\*\* NRT will be free for the first 6 weeks for people attending this event. For the next 6 weeks it is free if you are entitled to free prescriptions, otherwise it's the cost of a normal prescription charge. Terms and conditions apply - NRT will be provided weekly for the first 4 weeks, then every 2 weeks and is subject to a person being still quit.